

Children and Young People

what's
ON?

REGULAR ACTIVITIES

Stay and Play (under 5s)

Every Wednesday,
10am to 12pm

Come along and join us for 2 hours of fun filled soft play, sensory play and bouncy castle madness for Under 5's. Includes ball pool, soft play farm set, build a fire engine, dark den, bouncy castle and lots more. Refreshments will be provided for your little ones and a well-earned drink for parents too. £2.50 per child, £1 for siblings and under 6 months.



Holywell Youth Theatre (13-16 year olds)

Every Wednesday from
Wednesday 17 September,
6pm to 8pm

Watford Palace Theatre is looking for enthusiastic 13-16 year olds to join our Holywell Youth Theatre. We offer lots of games, drama and the chance to perform in a fun, friendly environment. To book a place fill out a form at Holywell Community Centre, call 01923 810307, or email participation@watfordpalacetheatre.co.uk. A refundable £5 deposit.

Holywell Youth Club (11-18 year olds)

Every Thursday from
Thursday 11 September,
6.30pm to 9.30pm

Our popular evening youth club returns after the summer break. This session will give you the chance to chill out with friends, play pool, table tennis, take part in crafts, sports and cooking. 50p per session.

Karate (Mixed ages)

Every Tuesday,
6.30pm to 7.15pm.

Developed in Hertfordshire over 29 years ago, Active Hertfordshire Karate's commitment is to the pursuit of quality Shotokan Karate. The sessions develop a range of personal qualities and life skills for all ages and abilities and leads students, kids, teens or adults to be positive and the best they can be. First session free.

Festive Fun at the Holywell

Friday 12 December, 7pm to
9.30pm (doors open 6.45pm)

Join us for an evening of fun for all the family as Watford Palace Theatre's Community Choir performs a range of seasonal classics to help us get into the festive spirit. There will also be Christmas themed art activities for children and drinks and snacks available to purchase. Entrance fee £1 per adult, 50p per child (free for under 3s) – children's workshops, drinks and snacks available at additional cost. Limited places available, call 01923 216950 to book.

Additional Information

what's
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VOLUNTEERING

Watford and Three Rivers Trust are currently recruiting to the following Volunteer roles:

- Volunteer Drivers
- Community Cars Desk Officer
- Five Ways Friends Volunteer
- Five Ways Friends at Home Volunteers
- Community Centre Administrator
- Timebank Administrator

For more information about these opportunities please visit www.w3rt.org/recruitment.

HALL HIRE

Why not hold your meeting or event at the Holywell Community Centre. We have a range of rooms to hire for 4 to 180 people. Rooms include a large hall, kitchen and meeting rooms - available at competitive prices.

CONTACT US

For bookings or more details on any of the events and activities please contact the Holywell Community Centre by email holywell@w3rt.org call 01923 216950 or drop in and see us during office hours - Monday to Friday, 9am to 5pm.

Holywell Community Centre
Chaffinch Lane | Watford
Herts | WD18 9QD

T 01923 216950
E holywell@w3rt.org

www.w3rt.org



Supported By



Registered as a charity in England and Wales: 1085518
Company Registration number: 4090701

what's
ON?

See
inside!

at Holywell Community Centre...



Your guide to our upcoming events
and services for all age groups...

Adults



EVENTS

Quiz Night

Monday 27 October, 7pm to 10pm (doors open 6.45pm)

Get your thinking caps on and get ready to do battle with your fellow competitors armed only with your general knowledge and determination to win! 6 to 8 people per team - if you have less than 6 people then let us know and we'll seat you with other competitors to make up a team. Soft drinks will be available to purchase and you're welcome to bring your own alcohol. £2 per person. Bring some change with you and take part in some additional games during the break. Advance booking required, please call 01923 216950.

Let's get motivated!

Tuesday 28 October, 1.30pm to 3.30pm

Do you need a bit of a boost? Join us for tea and cake as our speaker helps us all to feel more positive and more motivated. FREE.

Halloween Fun

Thursday 30 October, 2.30pm to 4.30pm

Join our fun, friendly group for some Halloween madness with pumpkin carving, tasty treats and more. A great opportunity to meet new people and find out how you can get involved locally. FREE.

Need advice on consumer issues?

20 November, 2pm-4pm

Drop in and find out more about your rights when purchasing goods and services or simply how to shop around, switch energy suppliers or cancel contracts. Includes a tasting comparison of branded versus own brand food and looks at ways to make savings. FREE.

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Adults



REGULAR ACTIVITIES

Basic Computer Skills

Every Thursday from 16 October to 18 December, 10am to 12pm

Drop in and join our friendly, beginners IT sessions. Learn new skills such as how to send an email and how to shop or sell goods online. FREE.

Games Club

Friday 24 October, Wednesday 19 November, Wednesday 10 December, 2.30pm to 4pm

Join us for a fun, friendly afternoon of board games. We'll have a range of games available for the group to choose from so why don't you drop in, enjoy a cuppa and meet new friends. FREE.

Gardening Club

Friday 17 October and Friday 21 November, 10am to 12pm

Do you love gardening as much as we do? We are looking for a group of people willing to help with simple gardening tasks. You don't need to be green fingered to take part just a willingness to get involved and have fun. A great opportunity to meet new people, be active and help individuals that are no longer able to care for their own gardens. Please call 01923 216950 to confirm meeting point. FREE.

An Introduction to Volunteering

Friday 7th November, 11am to 12pm & Wednesday 26th November, 2pm to 3pm

Do you want to learn new skills or refresh old ones? Do you want to gain work experience and build confidence? If you are interested in volunteering but not sure where to start then come along and find out how you can get involved and explore local opportunities. FREE.

Five Ways Friends Clubs (for over 55's and their Carers)

Every Thursday, 11am to 3pm

Five Ways Friends provides a range of interesting and stimulating activities aimed at improving peoples' mental and physical wellbeing. Includes lunch, a monthly newsletter, trips out and transport for those with mobility issues. You will need to join the club before attending. The cost is £4.50 per visit plus £12 per year membership fee and £5.50 per day for those eligible for transport.

Karaoke

Every Monday, 12pm to 3pm

If you love singing then this session is perfect for you. Come along and sing your heart out with our fun and friendly group. FREE

Adults



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Jeannette Peel Diet & Fitness: Zumba Class

Every Saturday, 9.30am to 10.30am

This session combines exercise and a healthy eating plan which follows a Mediterranean style diet. Each week you will receive nutritional advice on all the key areas of healthy eating; lots of additional help & support & a 45 minute Zumba class. You may attend to exercise only: Class fee £5.00 or to weigh-in, follow the healthy eating plan & exercise: Class fee £6.50.

Get Crafty

23 October, 6 and 27 November, 11 December, 1.30pm to 3.30pm

Come and explore your creative side and get crafty with our fun and friendly group. Each session focuses on a different theme and you'll have a chance to make something unique for yourself or as a gift to treat a friend. FREE.

Short Mat Bowls

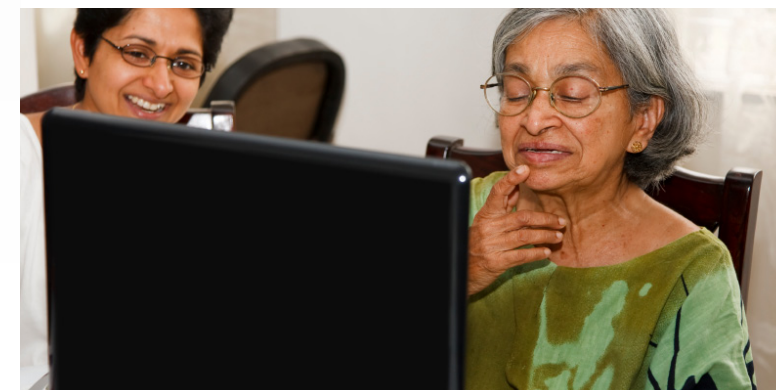
Every Wednesday, 1.15pm to 3.15pm

Holywell Short Mat Bowls club is keen to welcome new members to this friendly weekly group. No experience necessary, equipment provided. £2 per session.

Meet and Greet Social Club

Every Tuesday, 11am to 2pm

Meet and Greet Social Club develops and delivers a range of services that promote the wellbeing and independence of the over 50s. £2 per session.



Tell us what you think and enter our prize draw!

We want to hear your views on what events and activities you want us to deliver at the Holywell Community Centre. Drop-in and see us, complete a short survey and enter our prize draw to **WIN £40 OF INTU SHOPPING VOUCHERS!**